



TOBACCO CESSATION CLASSES

2004 CALENDAR

JANUARY	3 Week Class:	Tuesday and Thursday January 13 – 29	1100 – 1200	
	3 Week Class:	Tuesday and Thursday January 13-29	1700 – 1800	
FEBRUARY	3 Week Class:	Tuesday and Thursday February 10-26	1100 – 1200	TS
MARCH	3 Week Class:	Tuesday and Thursday March 9- 25	1700 – 1800	TS
APRIL	3 Week Class:	Tuesday and Thursday April 6-22	1100 – 1200	
MAY	3 Week Class:	Tuesday and Thursday May 4- 20	1700 - 1800	
JUNE	3 Week Class:	Tuesday and Thursday June 8-24	1100 – 1200	
JULY	3 Week Class:	Tuesday and Thursday July 13-29	1700 - 1800	
AUGUST	3 Week Class:	Tuesday and Thursday August 10-26	1100 – 1200	
SEPTEMBER	3 Week Class:	Tuesday and Thursday September 7-23	1700 - 1800	
OCTOBER	3 Week Class:	Tuesday and Thursday October 5-21	1100-1200	
	3 Week Class:	Tuesday and Thursday October 26 – November 11	1700-1800	
NOVEMBER	NO CLASS SCHEDULED			
	GREAT AMERICAN SMOKE-OUT		NOVEMBER 18	
DECEMBER	NO CLASS SCHEDULED			

All classes are held at the Health and Wellness Center. For more information please call
Sarah A. Caudill @ **904-WELL (9355)** (HAWC)